

Say Goodbye
to Fibroids
Without
Surgery

USA
FIBROID[™]
CENTERS

www.usafibroidcenters.com

Uterine Fibroids



Of the approximately 600,000 hysterectomies performed in the U.S. each year, about **60 percent** are for the treatment of uterine fibroids.¹

Although fibroids are **noncancerous**, they can cause significant harm to nearby organs, as well as anemia due to heavy menstrual bleeding.

These benign tumors are also known as uterine myomas, or leiomyomas.

Several factors may influence their formation, such as **hormones and genetics**.

USA Fibroid Centers is a national network of exceptional fibroid centers specializing in the leading FDA approved, non-surgical, office-based procedure to treat symptomatic fibroids with **no hospital visit**: Uterine Fibroid Embolization (UFE).

UFE treatments at USA Fibroid Centers are **covered** by most insurance plans and Medicaid.

1. <http://www.aafp.org/afp/2000/0615/p3601.html>



Common Symptoms

- ✓ Heavy Bleeding
- ✓ Bleeding Between Periods
- ✓ Anemia
- ✓ Bloating, Protruding Belly
- ✓ Chronic Abdominal Pain
- ✓ Frequent Urination
- ✓ Painful Sexual Intercourse
- ✓ Constipation

You Are Not Alone

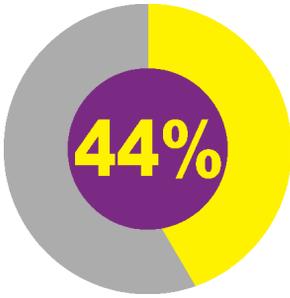
It is estimated that between **20 to 50 percent** of women of reproductive age have fibroids; however, many cases go undiagnosed.²

Studies show that up to **30 to 77 percent** of women will develop fibroids sometime during their childbearing years; although, only about one-third are large enough to be detected during a physical examination.³

2. <http://www.aafp.org/afp/2000/0615/p3601.html>

3. UCLA Obstetrics and Gynecology: <http://obgyn.ucla.edu/fibroids>

UTERINE FIBROID EMBOLIZATION (UFE)



44% of women diagnosed with uterine fibroids didn't know there was a less invasive option.⁴

Our interventional radiologists perform Uterine Fibroid Embolization (UFE), an advanced, **non-surgical** treatment for uterine fibroids.

UFE allows women to avoid surgery, preserve the uterus, control symptoms, and improve their overall **quality of life**.

When compared to invasive surgeries like a hysterectomy or myomectomy, UFE continues to be the leading choice. Going through major surgery can be hard on the body. Invasive surgeries require a long recovery, sometimes lasting over 6-8 weeks.

The majority of women return to normal activities in **3-4 days**, with full recovery in **1-2 weeks**.

4. Society of Interventional Radiology, & Harris Poll. (2017, June 23 & 27). The Fibroid Fix: What Women Need to Know. Retrieved October 9, 2018, from https://www.sirweb.org/patients/fibroid_fix2/fibroid-fix-report/



Compare Your Options

	(UFE) Uterine Fibroid Embolization	Hysterectomy
Anesthesia Required	Light Sedation	General
Hospital Stay	NONE	2 - 3 DAYS
Recovery Time	2 - 7 DAYS	2 - 6 WEEKS
Retains Uterine Function	Yes	No
Fertility Retained	Yes⁵	No
Sex Life	Immediate Improvement	After 6 weeks, usually close to normal

5. João M. Pisco, Marisa Duarte, Tiago Bilhim, Jorge Branco, Fernando Cirurgião, Marcela Forjaz, Lúcia Fernandes, José Pereira, Nuno Costa, Joana B. M. Pisco, António G. Oliveira. Spontaneous Pregnancy with a Live Birth after Conventional and Partial Uterine Fibroid Embolization. Radiology, 2017; 161495 DOI: 10.1148/radiol.2017161495

YOUR UFE PROCEDURE

Our UFE treatments are performed in state-of-the-art, outpatient suites.

Our interventional radiologists give a light sedation, prior to the procedure, so the patient does not feel anything.

They use ultrasound and X-Ray guidance to insert a tiny catheter, which is then threaded into the artery supplying blood to the fibroids.

A therapeutic agent flows through the catheter, blocking the arteries, which decreases the blood flow and causes the fibroid to shrink.

Stitches are not required and only a small bandage is placed over the access point. The procedure takes approximately 30-45 minutes.

HIGH SUCCESS RATE & LOW COST

The reported rates of patient satisfaction and improvement in **quality of life** after UFE, is 87 to 97 percent.⁶

UFE is known for its fast recovery period! There's no hospital stay, you're able to return home the same day, and you can get back to your normal, daily activities in 2-7 days.

Costs are currently **covered** by most insurance plans and Medicaid.

LIFE WITHOUT FIBROIDS

- **Lighter and shorter** menstrual periods
- **No** pelvic pain and pressure
- **More** energy
- **Improved** sex life
- **Reduced** frequent urination
- **No** constipation and bloating



LIFE WITH FIBROIDS IS CHALLENGING

Every woman's symptoms are different, as are the factors in life that impact treatment decisions.

Our main goal as a healthcare provider, is to make certain that all of our patients have the information they need to make the right treatment decision.

6. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4520371/>

You Are the Reason We Do What We Do

Mandy

"No words can describe the level of service and care from the staff at USA Fibroid Centers at the St. Nicholas clinic."

Crystal

"My doctor was so amazing and a big life saver. Doing this procedure changed my life for the better and I'm so grateful. My life is coming back and I'm happy."

Bethany

"Dr. Halpert helped me out of a very tough situation. I couldn't go to work, I couldn't get out of bed some days.

It was embarrassing when I had to run to the restroom or when I bled through my clothes at work or at the mall.

I couldn't wait anymore, so I got treatment and am now healthier than ever."

Sheila

"Dr. Knoll was very kind and made me feel educated about the treatment.

I was very worried at first, but it went well with no complications. Surprised with results actually, was skeptical that ALL my symptoms would be gone but they truly are.

No more periods over 15 days long. Now much more normal like when I was younger. Thanks."

Libby

"I had the UFE procedure done by Dr. Gunzenhauser in May. The procedure was quick and painless.

Four months later, all of my issues have been resolved. I now have lighter periods, very little bloating, and I am no longer anemic.

I would highly recommend USA Fibroids Centers to anyone experiencing the problems associated with uterine fibroids."

Visit www.USAFibroidCenters.com for more testimonials.



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or schedule online at
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